



Deanna Frazier tips

Build A Better Community - Join In

Hi, Everyone!

Charity events are wonderful places to meet dates, friends and connect with something bigger than ourselves.

According to the Canadian Volunteerism Initiative website, the benefits of volunteering are:

- * make important networking contacts
- * learn or develop skills
- * gain work experience
- * build self-esteem and self-confidence
- * improve health
- * help you meet new people
- * feel needed and valued
- * make a difference in someone's life

In the past, I have thoroughly benefited from volunteering with Girls, Inc., American Parkinson's Association and various networking/mentoring groups. My recent modeling gig in the fashion show benefiting the Family Place has inspired me to volunteer my coaching services.

Don't know where to volunteer? The Volunteer Center of North Texas can guide you in finding your ideal volunteer opportunity.

Additionally, networking events are another avenue to reach out and make connections. You don't have to own your own business to benefit from various networking groups.

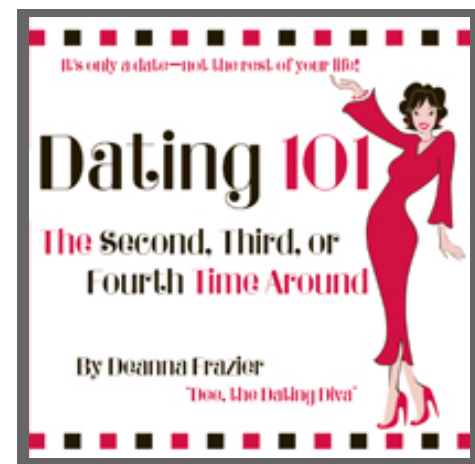
The benefits of belonging to and serving on a committee in such groups as the American Business Women's Association, Women Connecting Women or your local trade group are the same.

Reach out, connect, become!

My book, *Dating 101*, emphasizes the importance of "becoming the person you want to meet" in order to be successfully single. Volunteering and networking is an excellent way to help you get out of a rut, feel better about yourself and make your "inner light shine."

When your inner light shines you are irresistibly attractive!

Remember, it's just a date, not the rest of your life!



Contact Deanna Frazier For Speaking and Coaching!

Deanna Frazer will speak to any size group or meeting. She incorporates humor and shares dating stories and advice in all of her speeches.