



# DATING DIVA news

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## Being Grateful Is Attractive

Happy Thanksgiving Everyone!

As we approach the Holiday season, I would like to take a moment to express my gratitude to all my clients, readers and seminar attendees. I appreciate the opportunity to serve you on your quest to BECOME and create the life you want to live. 2006 has been an amazing year for me! From appearing on all the Dallas news channels, to being interviewed by Katie Couric on The Today Show, and speaking to numerous organizations throughout the nation. Thank you for growing with me and for your support and advice!

Being Grateful is Attractive!

Who and what we attract into our lives is based on how we see ourselves. Are you grateful for yourself? Take a moment to write down all the things you appreciate about yourself. Are you good at organizing, encouraging, or listening?

If you radiate a joyful and appreciative heart, you will be more apt to attract the things you want in life: career, date, mate, people, resources and goals.

As we all know but may overlook at times, it's important to be grateful and acknowledge the little things in life. Take a moment this week to express your gratitude with a note, phone call or direct comment to various people (family, friends, customers, vendors) in your life.

What kind of brick layer are you?

It takes a lot of work to build a strong foundation for us to support the future that we have chosen. Just when we think it is finished, we look a little higher, add a few more floors to our building plan and realize our foundation may need more concrete to hold the skyscraper we have chosen to build.

Keep checking where your foundation may have some cracks or holes that can be filled so you are attracting who and what you want in your life effortlessly.

**Here's an old, well known story about three brick layers...** A visitor walked up to a work site and asked the first bricklayer what he was doing. The bricklayer yawned and said, "I'm laying bricks." The visitor then went to the second bricklayer. Patting the brickwork completed, The second said, "I'm building a wall." Finally, the visitor came to a third bricklayer who whistled, smiled and said, "I'm building a cathedral!"

Which one of these brick layers are you today?

**Contact Deanna Frazier For Speaking and Coaching!**

Deanna Frazer will speak to any size group or meeting. She incorporates humor and shares dating stories and advice in all of her speeches.