



Deanna Frazier tips

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Friendship Is Like Vitamins

Hello, Everyone!

"Friendship is like vitamins: we supplement each other's minimum daily requirements."- Kathy Mohnke

Remember it's just a date not the rest of your life. If you keep adding to your list of the criteria for the perfect date you are probably being too exclusive and will exclude a lot of people with whom you could have had a great exchange!

I find that men tend to have more stringent criteria for the perfect date than women. They have a list of what a woman has to look like - size, shape, face, hair color and on and on and on. I know a man who is even concerned about "cup" size.

A few ways to determine whether your list is too rigid is: (1) you haven't met anyone who meets the criteria and (2) the list is getting bigger.

Since this isn't about finding a "mate" for life, overlook some of the qualities that you think you cannot live without and forget the list. Have the date and decide whether you want a second date. You might find out that you have a ball and make a friend which is a great start for any relationship.

Many wonderful relationships start off with a casual beginning. When you first meet someone you might say, "no way," for this reason or that, but before you know it you are looking aside and the relationship blossoms. The fun may last for a few weeks or forever. It doesn't matter as long it is fun.

Contact Deanna Frazier For Speaking and Coaching!

Deanna Frazer will speak to any size group or meeting. She incorporates humor and shares dating stories and advice in all of her speeches.