



Deanna Frazier tips

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Your Life Is Attractive

Hello, Everyone!

*"I used to trouble about what life was for -- now being alive seems sufficient reason."
- English Psychologist Marion Milner, also known as Joanna Field.*

A while back I asked the kid next door if I could try his skateboard. He agreed, I got on, and then promptly fell off. He looked at me lying on the ground and said, "You aren't very good, are you?" I laughed and agreed with him, and tried again. I still can't ride a skateboard, and I don't think I ever will, but it was very important that I try.

Living life is attractive. What are you going to try today?

A Life Of One's Own

Years ago, I read a book with a title I've never forgotten. A Life of One's Own, written by Joanna Field, is the story of a young woman's struggle to find a place for herself in the midst of the repression and expectations of England in the 1920's.

The pressures and rules under which she lived were clear and explicit. At that time, women simply did not participate in community life. They were not supposed to have power or money or influence. Her ideas were of no interest to the men in her life, and women were frightened when she questioned the "way things are".

Fortunately, we no longer live with such overt restrictions on what we can think and say, or do, or become. While there are many subtle pressures to be "normal", we are quite free to create and live, "A Life of One's Own."

Today, the bigger question is, "Why don't more people actually do it?" Far too many of us continue to be the employees, neighbors, sons and daughters, spouses, and parents we should be. We labor under the false belief that to start a business, write a book, go back to school, change careers, or even change our hobbies might horribly undermine civilization and end all human life as we know it. I hate to tell you, but I don't think you have that much power!

Now I am NOT suggesting that you abandon your family or run away from responsibilities. I am not necessarily encouraging you to do anything the neighbors will even notice!

The world's best hockey player, Wayne Gretzky, observed, "You miss 100% of the shots you don't take. " You will fail at every event, every opportunity, and every skill you never try.

So today, ask yourself these questions:

Remember, this book makes a perfect gift for singles friends and loved ones!
Buy Dee's book: Dating 101 - The Second, Third or Fourth Time Around

Contact Deanna Frazier For Speaking and Coaching!

Deanna Frazer will speak to any size group or meeting. She incorporates humor and shares dating stories and advice in all of her speeches.